

Yoga Instructor and Curriculum Developer

Community Partner: UWEC Children's Nature Academy

Status: Approved

Hours: 30

Ongoing need: Yes

Number of Students: 1-2

Compensated: No

Mission Statement: The Children's Center provides a safe and nurturing environment that facilitates learning in accordance with each child's age, interests, cultural background, and his/her physical, cognitive, social, and emotional linguistic development. Teachers plan developmentally appropriate and meaningful activities that incorporate many different learning styles and multiple intelligences. The experiences a child has at the Children's Center are supplemental to those at home. From the family each child needs love, affection, acceptance, limits, consistency, and stability. The Center strives to meet these same needs in addition to providing educational opportunities and enriching experiences.

Service: The Children's Nature Academy is in need of a student to help develop curriculum for the children, regarding yoga techniques and practices. They will have the opportunity to work and collaborate with a Children's Nature Academy teacher to develop hands-on curriculum, and optimize the children's knowledge and growth of stretching, breathing, movement, and balance. For example, the student could create curriculum for different learning 'stations,' each focusing on a different movement or technique. This would help create a space at the Children's Nature Academy for students to learn the physical, mental, and breathing exercises involved with yoga.

Objectives: To create an ongoing living and learning station at the Children's Nature Academy, as well as to work together with the teachers at the Children's Nature Academy, in order to develop curriculum about yoga. This is to create a space for physical, mental, and breathing exercises, so that the children can learn and apply these practices to stressful situations.

Skills: yoga knowledge and technique, personal accountability, good communication, outgoing personality, enjoys nature, enjoys working with young children, self-motivated, works well in teams, creative, innovative

Availability Requirements: This service learning opportunity is flexible, depending on the schedule of the student.